



Camp Fire

CAMP KIRBY

Camp Fire Samish & Camp Kirby

2021 COVID-19 Handbook

Day Camps



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Dear Camp Kirby Families,

We are very excited to welcome campers to Camp Kirby once again this summer. Please know that Camp Fire Samish & Camp Kirby are vested in taking all necessary steps to keep campers and staff safe and prevent the spread of this disease. As a result, we are closely monitoring recommendations provided by the Centers for Disease Control (CDC), State of Washington Department of Health, American Camp Association (ACA), and local County Public Health Departments.

In this handbook you will find:

- What camper check-in and arrival at camp will look like
- Camp Kirby's COVID Plan
- What camp will look like this summer, and preparing your camper

As you review this information, please reach out if you have any questions, concerns, or suggestions. Thank you again for entrusting us with your campers. We are eagerly anticipating the upcoming summer season, and can't wait to provide a safe and fun camp experience for your campers.

Marguerite "Sprout" Herriot
Program Manager

Policies, Procedures, and NPIs

We have identified **two main strategies to keep Camp healthy**. First, we will be using a cohort model, and keeping campers in small groups. This way, if exposure occurs, we will be able to easily identify and isolate individuals who may be affected. Second, we will be layering non-pharmaceutical interventions (NPIs) that have been proven to be effective at reducing the spread of respiratory illnesses. Examples of these NPIs include wearing masks, social distancing, and facilitating programs outdoors.

Stay home when sick or if a close contact of someone with COVID-19

Both staff and campers are required to stay home if they feel unwell, show any signs of COVID-19, or are a close contact of a confirmed case.

Check-in and Arrival at Camp

We will be completing a daily screening and drop-off each morning. We will ask you and your camper a series of screening questions and do a temperature check.

Campers will be screened for symptoms during drop-off using the following questions for parents/guardians.

Does your child/youth have any of the following symptoms:

- A cough
- Shortness of breath or difficulty breathing
- A fever of 100.4°F or higher or a sense of having a fever
- A sore throat
- Chills
- New loss of taste or smell
- Muscle or body aches
- Nausea/vomiting/diarrhea
- Congestion/running nose – not related to seasonal allergies
- Unusual fatigue
- Does anyone in your household have any of the above symptoms?
- Has your child/youth been in close contact with anyone with suspected or confirmed COVID-19?
- Has your child/youth had any medication to reduce a fever before coming to camp?

If the answer to any of the above questions is “yes,” your camper will not be able to participate in the camp. Refunds and session transfers will be options for your camper at this time.

Cohorts

Campers will be assigned to a group of 8-10 campers for their week of camp. Two groups may be combined during the day to create an activity cohort of up to 20 campers. These cohorts will be used to minimize the potential spread of COVID-19. There will not be any mixing of campers from different cohorts.

Non-Pharmaceutical Interventions (NPIs)

In addition to keeping campers in cohorts, we will also be wearing masks and doing all of our programming outdoors or in open-air structures. We will also be maintaining social distancing whenever possible, frequently cleaning high-touch surfaces (door handles, sink faucets, toilets, etc), providing individual supplies to each child and reducing shared use of items, and focusing on increased hand washing and hand-sanitizing.

Masks

Facial Coverings will be required at most times for campers and staff, some exceptions include when eating or drinking. Please make sure to pack an adequate face covering for your camper each day.

Hand Hygiene

We already put a focus on hand-washing, but we will do so even more this year. Hand-washing will be required after using the bathroom, before and after meals, and between activities. In addition to sinks found in bathrooms around Camp, we have also purchased multiple stand-alone handwashing sinks. Hand sanitizer will also be readily available.

COVID Safety Plans

Medical Staff

As we do every year, Camp Kirby will have at least one RN on site at all times while camp is in session. We also have a local pediatrician who signs off on all of our medical policies and procedures. Additionally, all staff who directly supervise children will be trained in adult and pediatric CPR & First Aid.

Daily health screenings

All campers and staff will go through a brief daily health screening including a symptom screening and temperature check.

Situations requiring medical attention

See COVID-19 Response Addendum

The event of COVID-19 symptoms and/or a positive case

See COVID-19 Response Addendum

The event of an outbreak

See COVID-19 Response Addendum

COVID-19 Response Addendum

RESPONSE FOR SUSPECTED & CONFIRMED CASES

	DAY CAMP CAMPERS	OVERNIGHT CAMPERS & ALL STAFF	CLOSE CONTACTS	OTHER CAMPERS, STAFF, & FAMILIES
<p>NON-COVID ILLNESS < 24 HOURS Individual has non-COVID symptoms, or only 1 COVID symptom that lasts for less than 24 hours with no known exposure</p>	<ul style="list-style-type: none"> • Must stay home • May return if symptoms resolve within 24 hours 	<ul style="list-style-type: none"> • Remain in health house and monitor symptoms • May return to activities if symptoms resolve within 24 hours • Parents notified 	<ul style="list-style-type: none"> • Monitor for symptoms 	
<p>NON-COVID ILLNESS > 24 HOURS Individual has non-COVID symptoms that last for 24 hours or more with no known exposure to COVID-19</p>	<ul style="list-style-type: none"> • Must stay home • May return when individual is symptom-free for 24 hours 	<ul style="list-style-type: none"> • Remain in health house and monitor symptoms • If symptoms not resolved in 24 hours, must go home* • Remain isolated until pick-up • May return if symptom-free for 24 hours 	<ul style="list-style-type: none"> • Monitor for symptoms 	
	DAY CAMP	OVERNIGHT	CLOSE	OTHER

	CAMPERS	CAMPERS & ALL STAFF	CONTACTS	CAMPERS, STAFF, & FAMILIES
<p>COVID SYMPTOMS OR CONFIRMED POSITIVE Individual has symptoms of COVID-19 or has tested positive</p>	<ul style="list-style-type: none"> • Must stay home or isolate until pick-up • Trace close contacts • Rapid test at camp if possible • Contact health care provider about PCR testing • See notes below about return after illness • Public Health must be notified 	<ul style="list-style-type: none"> • Must go home* • Isolate until pick-up • Trace close contacts • Rapid test at camp if possible • See notes about return after illness • Public Health must be notified 	<ul style="list-style-type: none"> • Notified (maintain confidentiality) • Close contacts must go home • Staff without local home may stay at camp in quarantine • Follow Public Health guidelines for quarantine and testing • See notes about return after exposure 	<ul style="list-style-type: none"> • Notified (maintain confidentiality) • Provide COVID Fact Sheet
<p>EXPOSURE TO CONFIRMED POSITIVE Individual has a known exposure to someone confirmed to have COVID-19 (see definition of close contact) <i>Applies even for those who are vaccinated</i></p>	<ul style="list-style-type: none"> • Must stay home • Follow Public Health guidelines for quarantine & testing • See notes about return after exposure 	<ul style="list-style-type: none"> • Must go home* • Isolate in health house until pick-up • Follow Public Health guidelines for quarantine and testing • See notes about return after exposure 	<ul style="list-style-type: none"> • Notified if the individual tests positive (maintain confidentiality) 	<ul style="list-style-type: none"> • Notified if the individual tests positive (maintain confidentiality)

*Staff without local home may stay at camp in isolation until recovered

Close Contact Definition:

- An individual within 6 feet of a person who has been confirmed positive for COVID-19 for a combined total of 15 minutes over a 24-hour period. Close contact also occurs if someone coughs on, kisses, or shares utensils with the individual or if they come into contact with the individual's body fluids.

What to do if you are exposed to someone confirmed to have COVID-19:

- Get tested for COVID-19: Recommended testing is at least 5-7 days after exposure, or if symptoms develop.
- Quarantine: Close contacts of confirmed cases should remain away from others and watch for symptoms. At least 10 days of quarantine is recommended.
- If no symptoms develop, the individual may return to camp. A negative test is required to return to camp; the test must be a minimum of 5 days after the exposure.

Returning to camp after COVID-19:

- A person who tested positive for COVID-19 (confirmed case) may return when it has been:
 - 10 days since symptoms began
 - AND at least 24 hours fever-free (without fever-reducing medication)
 - AND symptoms have improved
 - AND a health care provider gives a written note stating that the individual may safely return
- A person who tests positive, but never developed symptoms, may return when it has been at least 10 days since they first tested positive.
- A person who had COVID-19 symptoms but who tested negative may return when it has been:
 - At least 24 hours fever-free (without fever-reducing medications)
 - AND symptoms have improved
 - AND documentation of the negative test result has been provided

Public Health - Skagit County Public Health

Confirmed or suspected cases of COVID-19 at Camp must be reported to Skagit County Public Health. Report by calling Dale Patrick at 360-416-1558.

Program Closure

Camp Kirby will close our programs if multiple positive cases arise in separate groups or cohorts, or if advised by Skagit County Public Health.